

BRINGING BISON
BACK TO BANFF

ROWING ACROSS
THE ATLANTIC

explore

CANADA'S OUTDOOR MAGAZINE

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WAYS TO

DO SUMMER BETTER

NEW
TOYS

NEW
TIPS

NEW
TRIPS

"Dinner, many hours earlier, had been a bowl of partially rehydrated macaroni topped with powdered key lime pie."

Charles Wilkins, P. 54

AUGUST 2011

\$5.95



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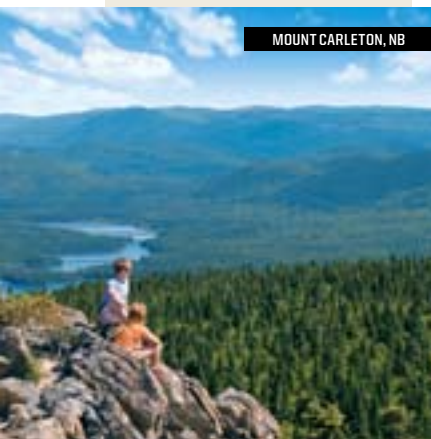
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ROAD TRIP NEW BRUNSWICK

The ultimate East Coast adrenaline loop links the Appalachian Range Route with the towns of Campbellton and Bathurst, in northern New Brunswick. Begin on the Nepisiguit River, with either whitewater day-tripping out of Bathurst or a 75-kilometre canoe expedition from Mount Carleton Provincial Park. Take time to tackle Carleton's 2,690-foot summit, the Maritimes' highest point, then drive north to fish for Atlantic salmon in the pools of the Restigouche River. Finally, hit Sugarloaf Provincial Park in Campbellton to catch air at the Maritimes' only lift-access bike park. Got energy to burn? Check out Jacquet River Gorge, a little-known wilderness of rolling hills and canyons just north of Bathurst, before closing the 350-kilometre ring of rolling pavement. (tourismnewbrunswick.ca)

ABOVE: LORNE ZAWOLSKY; BELOW: NB PARKS.CA; RIGHT: GARY DAVIDSON

MOUNT CARLETON, NB



BETTER SUNGLASSES

24) JULBO PIPELINE
\$270;
julbousa.com

Slightly oversized, these shades cocooned our eyes from every sliver of light, yet resisted fogging up. Split arms provide some back breeze to the lens, and also disperse temple pressure. The lens is designed for the lake, ocean or beach, combining photochromic (adapts to brightness) and polarizing (improves contrast and cuts glare) properties, along with a spray-shedding coating. At this price, though, the Pipeline is for serious water dogs only.

25) SWITCH BOREAL
from \$140;
switchvision.com

Most removable lenses take some futzing before they'll sit in the frame properly, but Switch uses magnets on the lens and frame to keep it simple. The lens pops out with a firm push from behind and the replacement snaps back in almost on its own. It's the easiest system we've tried, and doesn't interfere with the look of the shades. The Boreal frame is an attractive wrap-around design that blocks out most of the light.

26) REVO GUIDE
\$199; revo.com

Outdoor sports fanatics of every face shape and personal style were united in praise for these shades. But it was on the water that the accolades reached a fever pitch. The polarized layer is fused into the polycarbonate lens, rather than glued on, for better clarity. Plus the cobalt glass blocks more blue light, popping the colours around water, while a coating on the inside of the lens absorbs any light that sneaks through the large-profile frames.

27) ZEAL SLINGSHOT
\$150;
zealoptics.com

While the lenses on the Sling-shot are bright for cloudy days, the photochromic treatment makes them adjust quickly in all kinds of conditions. We never missed a bump or dip when the mountain bike trail emerged from dense forest onto a sun-baked logging road. The sporty design includes vents to reduce fogging, grippy nose pads for sweaty days or water sports and flexing arms that kept the frame comfortably in place.

28) RYDERS DEFCON
\$40 to \$90;
ryderseyewear.com

These shades can hold their own among glasses two or three times more expensive. The Defcon comes in four lens options, from basic full UV protection and optically correct lenses to the top-of-the-line photochromic and polarized version. Hydrophobic pads on the temple and nose keep the frame in place, and the shape stylishly sealed our peepers from the sun. With an included hard case, these are easily the best deal on the sun-glass rack.

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TRY SUMMER BIATHLON

The shortage of snow rules out biathlon's Nordic skiing component, but all summer long, visitors can take a shot, well actually five, at the Whistler Olympic Park—the same gun range used for the Vancouver 2010 Olympic biathlon. A certified instructor puts you through basic training—how to load, aim, steady and fire—with the same .22-calibre rifles used in the winter sport. Don't be surprised if you suck. It's harder than it looks. (**\$15 plus \$5 per clip of ammunition; whistlerolympicpark.com**)